

Health and Benefit Provider List

<u>Plan Office</u>	1-877-667-5522	Toll Free Number to be used by PARTICIPANTS ONLY
<u>Verify System</u>	1-410-850-8500	To obtain your eligibility and what benefits you are eligible to receive under the Plan. <i>Available to Providers for verification of eligibility and to obtain status on claims paid over the last six months.</i>
<u>CIGNA HealthCare</u>	1-800-768-4695	http://www.cignasharedadministration.com 1. Click on For Taft-Hartley Plan Members 2. Click on Medical Shared Administration . The screen that appears will be titled Medical Shared Administration Plans . 3. Go to the middle of that page. 4. Click on Shared Administration PPO Provider Directory 5. Provide the information requested to find a CIGNA network provider.
<u>Multiplan</u> For a MultiPlan PPO (hospital, physician, lab, etc.) in your area.	1-800-464-0292	http://www.multipan.com/
<u>CVS Caremark</u> For Questions concerning Prescription Drugs	Retail & Mail Order: 1-888-364-6815	http://www.caremark.com To find the cost of your prescription you must have your own login.
<u>EyeMed</u> For information concerning In-Network Optical Program	1-866-299-1358	http://www.enrollwitheyemed.com/select Plan Number: 9706318
<u>Vision Service plan</u> Log on to receive discounts on Optical Services		https://www.vsp.com/member/htmls/member_home.jsp Sign On in the white box
<u>Delta Dental Organization</u> To locate a Dentist in the Network	1-800-932-0783	www.deltadentalins.com/find-a-dentist Delta Dental PPO & Delta Premier options - our plan covers both Delta products
<u>Ceridian - Life Balance</u> Employees' Assistance Program	1-877-234-5151	http://www.lifeworks.com/ Company Name: MMP Password: 5100
<u>Fidelity Investments</u> 401 (K) Provider	1-866-84UNION	http://www.fidelity.com