

Health and Benefit Provider List

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| <u>Plan Office</u> | 1-877-667-5522 | Toll Free Number to be used by PARTICIPANTS ONLY |
| <u>Verify System</u> | 1-410-850-8500 | To obtain your eligibility and what benefits you are eligible to receive under the Plan. <i>Available to Providers for verification of eligibility and to obtain status on claims paid over the last six months.</i> |
| <u>CIGNA HealthCare</u> | 1-800-768-4695 | http://www.cignasharedadministration.com 1. Click on For Taft-Hartley Plan Members 2. Click on Medical Shared Administration . The screen that appears will be titled Medical Shared Administration Plans . 3. Go to the middle of that page. 4. Click on Shared Administration PPO Provider Directory 5. Provide the information requested to find a CIGNA network provider. |
| <u>Multiplan</u> For a MultiPlan PPO (hospital, physician, lab, etc.) in your area. | 1-800-464-0292 | http://www.multiplan.com/ |
| <u>CVS Caremark</u> For Questions concerning Prescription Drugs | Retail & Mail Order: 1-888-364-6815 | http://www.caremark.com To find the cost of your prescription you must have your own login. |
| <u>EyeMed</u> For information concerning In-Network Optical Program | 1-866-299-1358 | http://www.enrollwitheyemed.com/select Plan Number: 9706318 |
| <u>Vision Service plan</u> Log on to receive discounts on Optical Services | | https://www.vsp.com/member/htmls/member_home.jsp Sign On in the white box |
| <u>Delta Dental Organization</u> To locate a Dentist in the Network | 1-800-932-0783 | www.deltadentalins.com/find-a-dentist Delta Dental PPO & Delta Primer options – our plan covers both Delta products |
| <u>Prudential Long-Term Care</u> | 1-800-732-0416 | http://www.prudential.com/glctweb/mmp Call 8 am to 8 pm ET, Monday through Friday, or email Prudential at lrc4me@prudential.com |
| <u>Ceridian - Life Balance</u> Employees' Assistance Program | 1-877-234-5151 | http://www.lifeworks.com/ Company Name: MMP Password: 5100 |
| <u>Disability Insurance Program</u> | 1-800-456-3162 | For active participants. This insurance is through Lloyd's of London and the broker is Willis, located in Potomac, MD. Contact person is Angela Mitchell at extension 3032 |
| <u>Fidelity Investments</u> 401 (K) Provider | 1-866-84UNION | http://www.fidelity.com |
| <u>Vanguard</u> Member Self directed IRAP Provider | 1-800-523-1188 | http://www.vanguard.com |